

2024 明治北海道十勝オーバルスピードスケート競技会第2戦
Starting Protocol

10月12日(土) 1日目

2024/10/12 8:09

| Category Ladies/Men | Distance | Number of skaters | Pair | Quartet | Pairs x Time n x min. | Calculation | | | Time | | Planning | | Check |
|---------------------------|----------|----------------------|------|---------|--------------------------|--------------------|-----|-----|-------|--------------|----------|-------|-------|
| | | | | | | Number of Pairs | Min | sec | Comp. | Ice prep. | Start | End | |
| Warm-up | | | | | | | | | | | | | |
| | | | | | | | | | 60 | | 7:30 | 8:30 | |
| | | | | | | | | | | 30 | | | |
| 女子 | 3000m | 32 | 16 | 8 | 5Q x 6.30 | 5 | 6 | 30 | 32 | | 9:00 | 9:32 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 3Q x 6.20 | 3 | 6 | 10 | 18 | | 9:43 | 10:01 | |
| 男子 | 3000m | 33 | 17 | 9 | 3Q x 6.20 | 3 | 6 | 10 | 18 | | 10:01 | 10:19 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 6Q x 6.20 | 6 | 6 | 0 | 36 | | 10:30 | 11:06 | |
| Warm-up (女子1000M) | | | | | | | | | | | | | |
| Warm-up (男子1000M、男子5000M) | | | | | | | | | | | | | |
| | | | | | | | | | 20 | | 11:06 | 11:26 | |
| | | | | | | | | | | 20 | | | 全面 |
| 女子 | 1000m | 89 | 45 | 23 | 12Q x 3.00 | 12 | 2 | 50 | 34 | | 12:06 | 12:40 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 11Q x 2.50 | 11 | 2 | 30 | 27 | | 12:51 | 13:18 | |
| | | | | | | | | | | 11 | | | |
| 男子 | 1000m | 97 | 49 | 25 | 13Q x 2.50 | 13 | 2 | 30 | 32 | | 13:29 | 14:01 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 12Q x 2.50 | 12 | 2 | 30 | 30 | | 14:12 | 14:42 | |
| | | | | | | | | | | 20 | | | 全面 |
| 男子 | 5000m | 45 | 23 | 12 | 4Q x 8.30 | 4 | 8 | 30 | 34 | | 15:02 | 15:36 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 4Q x 8.30 | 4 | 8 | 30 | 34 | | 15:47 | 16:21 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 4Q x 8.30 | 4 | 8 | 30 | 34 | | 16:32 | 17:06 | |
| ※競技終了後の公式練習はありません | | | | | | | | | | | | | |

10月13日(日) 2日目

| Category Ladies/Men | Distance | Number of skaters | Pair | Quartet | Pairs x Time n x min. | Calculation | | | Time | | Planning | | Check |
|------------------------|----------|----------------------|------|---------|--------------------------|--------------------|-----|-----|-------|--------------|----------|-------|-------|
| | | | | | | Number of Pairs | Min | sec | Comp. | Ice prep. | Start | End | |
| Warm-up | | | | | | | | | | | | | |
| | | | | | | | | | 60 | | 7:30 | 8:30 | |
| | | | | | | | | | | 30 | | | |
| 女子 | 1500m | 61 | 31 | 16 | 8Q x 3.30 | 8 | 3 | 30 | 28 | | 9:00 | 9:28 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 8Q x 3.30 | 8 | 3 | 30 | 28 | | 9:39 | 10:07 | |
| | | | | | | | | | | 11 | | | |
| 男子 | 1500m | 97 | 49 | 25 | 9Q x 3.25 | 9 | 3 | 25 | 30 | | 10:18 | 10:48 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 8Q x 3.25 | 8 | 3 | 25 | 27 | | 10:59 | 11:26 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 8Q x 3.20 | 8 | 3 | 20 | 26 | | 11:37 | 12:03 | |
| Warm-up (500M) | | | | | | | | | | | | | |
| | | | | | | | | | 30 | | 12:03 | 12:33 | |
| | | | | | | | | | | 20 | | | 全面 |
| 女子 | 500m | 63 | 32 | | 16P x 1.40 | 16 | 1 | 30 | 24 | | 12:53 | 13:17 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 16P x 1.40 | 16 | 1 | 30 | 24 | | 13:28 | 13:52 | |
| | | | | | | | | | | 11 | | | |
| 男子 | 500m | 70 | 35 | | 18P x 1.40 | 18 | 1 | 30 | 27 | | 14:03 | 14:30 | |
| | | | | | | | | | | 11 | | | |
| | | | | | 17P x 1.40 | 17 | 1 | 30 | 25 | | 14:41 | 15:06 | |